

Do not look where you fell but where you slipped is a Chinese proverb

Do not look where you fell but where you slipped is a Chinese proverb. This beautiful proverb has a very powerful meaning. It means that mostly where we fall and where we slip are not at the same place. Slipping always occurs before the fall and therefore happens at a place where there may be something we can do to potentially prevent the fall. Every time we fall or fail we should look at the cause of the things going wrong, rather than the symptoms. Falling is the symptom, why you slipped is the cause.

So when things go wrong in life, spend less times warring about the things that went wrong and more time thinking about went wrong and more time thinking about the cause. When you lose a job, have a fight with your friend, find yourself with Rs 0/- in the bank, take actions on the causes of the argument, firing, ineffective money management etc. and that will help you to not repeat the same patterns over and over. I can give you an example of my friend who failed in Mathematics in the Half Yearly Exams. So he really needed to find out the cause and he started trying to figure out the behavior he was exhibiting that resulted in failing the test .He worked on his was exhibiting that resulted in failing the test. He worked on his problems and got above 70 in the final exams. At last, I would like to conclude by saying that mistakes have the power to turn you into something letter than you were before. Making mistakes is a part of life. We learn from them so that we don't repeat the same ones again. No one is perfect and it is in human nature. It's not how we make mistakes, but how correct them that define us.

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-By (Devansh Mishra)

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